

▲ PICO PARANÁ EXPEDITION

The highest mountain in Southern Brazil

Trilhas do Rio de Janeiro, with Marcos Rabello and Mountain Guide Vitor Nunes (PNI), invites you to an unforgettable expedition to Pico Paraná.

Pico Paraná is the highest mountain in southern Brazil, located between Campina Grande do Sul and Antonina, in the Serra do Mar mountain range.

❁ One of the most spectacular mountains in Brazil, both for its scenic beauty and its importance in Brazilian mountaineering history.

The summit was first reached in 1941 by Rudolfo Stamm and Alfred Musing, inspired by the scientific research of the famous German geographer Reinhard Maack, who sought to determine the true altitude of the mountain — an important moment in the history of mountaineering and geoscience.

❁ Pico Paraná rises impressively in the middle of the Atlantic Forest, reaching **1877 meters of altitude**, with one of the largest topographic elevations in Brazil.

📍 DEPARTURE

👤👤👤👤 Meeting Point
Arrival area – Curitiba Airport

📅 Date: September 5, 2026 (Saturday)

🕒 Time: 10:00 AM

← RETURN

📅 September 7, 2026 (Monday)

✈ Flights from 5:00 PM onwards

Return departure.

✓ WHAT'S INCLUDED

🚌 Transportation

Curitiba Airport → Accommodation → Trail → Airport

🏠 Accommodation
Shared room

🚿 Hot shower

🍳 Breakfast + 1 meal (dinner)

📷 Filming with **Drone + GoPro + Insta360**, photos and videos of the expedition

👕 Long sleeve Dryfit shirt

2 Certified Mountain Guides (WFA)

- Embratur / Cadastur registration
- Federated
- Climbing course
- WFA – Wilderness First Aid

✗ NOT INCLUDED

✈ Flight tickets to Curitiba
(We can assist with flight suggestions)

🛡 Travel insurance (mandatory)

🏠 Health insurance

🎒 WHAT TO BRING

⚠ REQUIRED

Proper trekking footwear

💧 Water (minimum 2 liters)
Water sources available on the trail

🎒 25L daypack

Appropriate clothing

- Trekking pants
- Parka / Anorak
- Fleece

Trail snacks

🔦 Headlamp
(ONLY with Duracell batteries)

Personal first aid kit

👕 Extra clothes

👜 Small plastic bags

Toilet paper

☀️ Sunscreen

Swimwear

Sandals

🍲 Trail food for trekking days

💰 PRICE

Reservation confirmed upon payment.

💳 Payment options

✓ Full payment
R\$ 1,425 (PIX)

✓ Installments
4 x R\$ 381 (PIX)

✓ Credit card
R\$ 1,680

➔📄 Request payment link.


✉️ AFTER PAYMENT

Send proof of payment with:

- Full name
- ID document


- Issuing authority
 - Contact phone
-

IMPORTANT INFORMATION

 The trek to the summit of Pico Paraná will be done with **daypacks and appropriate equipment**.


 Large expedition backpacks will **not** be used on this activity.


EXPEDITION GUIDES

Marcos Rabello Paz
Mountain Guide – Cadastur
 +55 21 98624-8947





Vitor Nunes
Mountain Guide – Cadastur
 +55 24 98158-5085

LIMITED SPOTS

 Maximum 8 participants

 Reserve your spot.

OTHER EXPEDITIONS WE GUIDE

-  Petrópolis x Teresópolis Crossing
-  Serra Fina
-  Caparaó Crossing
-  Itatiaia National Park – Agulhas Negras and more